



Bennett Park and Recreation District

P.O. Box 379 455 South First Street Bennett CO 80102

Phone (303) 644-5040 Fax (303) 644-5045

Aquatic Fitness Instructor

Definition:

Under the general supervision of the Director of Bennett Parks and Recreation District the Aquatic Fitness Instructor is responsible for overseeing the safety of water fitness patrons while instructing a dynamic, safe, and constructive water fitness class. We encourage our enthusiastic Aqua Fitness Instructors to perform a variety of routine tasks related to specialized aquatic fitness instruction, and perform related work as required.

Class Characteristics:

Aquatic Fitness Instructors are expected to exercise judgment and initiative in their management of their aquatic programs or special events.

Examples of Key Duties: (Duties are illustrative and not inclusive and may vary with individual assignment.)

- Responsible for overseeing the safety of water fitness patrons while instructing a dynamic, safe, and constructive water fitness class
- Assists in the development, recommendation and implementation of goals, objectives, policies, procedures and work standards for the aquatic fitness program
- Participates in the preparation and administration of Aquatic fitness classes
- Plans, evaluates and coordinates programs, classes, including scheduling facilities, ensuring facilities are set up.
- Monitors the day-to-day operations of aquatic fitness classes, including the monitoring of classes and communicating effectively with staff and class registrants in regards to class enrollment, scheduling changes class cancellation and handling and resolving complaints not requiring the attention of a the Aquatic Coordinator while ensuring that classes and , activities have required materials and supplies.
- Creates program flyers
- Enforces safety in compliance with health and safety codes and building codes.
- Performs other duties of a similar nature or level.



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Qualifications:

Education and Experience:

- Equivalent training and experience that will demonstrate required knowledge, skills and abilities.

Licenses:

- Accredited national water fitness certification, standard first aid and CPR certification or equivalent program certification preferred. This position may require the incumbent to occasionally use personal equipment (e.g. vehicle, cell phone, tools, etc.) in the course of their employment.

Physical Requirements and Working Conditions:

- Must possess mobility to work in a standard pool setting and use standard office equipment, including a computer, and to attend meetings. Strength to lift and carry materials weighing up to 40 pounds; mobility to lead groups in activities; vision to read printed materials and a computer screen; and hearing and speech to communicate in person and over the telephone.

Knowledge of: (at entry)

Good customer service techniques;
Principles and techniques of effectively directing group fitness classes and programs.
Techniques of effective supervision; knowledge of pool safety and emergency action plans.

Skill in: (at entry)

Coordinating and scheduling programs, events and activities;
Interpreting and enforcing policies and procedures;
Developing interpersonal relationships with a variety of users and sponsors;
Using computers and related software;
Communication to interact effectively with co-workers, supervisors, subordinates, volunteers and the general public sufficient to convey information and to receive work direction.
Skill in water fitness techniques and emergency response.