BENNETT PARK and RECREATION DISTRICT

February is the month for COUPLES!!!
During the month of February BPRD is offering a 28% discount on *Couples Memberships.

*Discount offered from February 1st through February 29th. Discount applies to Annual memberships only. Membership must be paid in full to receive the 28% discount.

2016 ACTIVITY SCHEDULE
Hours of Operation: M-TH 6am-8pm
Fri 6am-7pm, Saturday 7am-6pm,
Sundays **CLOSED**

Kiddy Korral: M/W 5pm—8pm and T/TH 5pm-7pm

Kiddy POOL is OPEN!!
Continuous pool is available, call to make a reservation!
LAP SWIM OPEN

Leap Year Casino Bus Trip!
February 27, 2016
Ticket price $15 for 1 or $25.00 for 2
Bus will depart at 9:30am and return in the evening at 5pm

FEBURARY 15 YOUTH VOLLEYBALL REGISTRATION BEGINS
Women's 6 vs 6 Volleyball League
Tuesday nights Feb 9 - April 12

Fitness Classes: Drop in fee $6 or save by purchasing a Fitness Punch Card @ 8 punches for $32.00 for members & $45.00 for non-members, good for Aquatic classes too!!

*/∞/§/ Symbol means Included in different type of membership
* Standard Members / ∞ Active Senior / § Deluxe members

Activity	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
§*∞ Twist and Shout-(Leila)(G)		7:30am-8:30am		7:30am-8:30am		
§ Wake Up and Move-(Leila)(G)	7:30-8:30am		7:30-8:30am			
§*∞ Silver Sneakers YogaStretch-(Leila)(G)		9:30am-10:30am		9:30am-10:30am		
§*∞ SilverSneakers MSROM-(Leila)(G)	9:35am-10:35am		9:35am-10:35am			
TaiChi - Beginners (Leila)-(Jan 28 12 weeks)	11:00am-12:00pm		11:00am-12:00pm			
Combination Aquatic Aerobics (low impact and high Impact)(Dona) 8 wk.					11:00am-12:00pm	
Warm Water exercise- (Dona)8 wk.	12:15pm-1:15pm		12:15pm-1:15pm			
Aquatic Health and Well-being/Pre&Post Natal-(Dona)8 wk.			8:45am-9:45am		8:45am-9:45am	
Fantastic Fifty's Aquatic Fitness-(Vikki) 8 wk. Begins Jan 19th		10:45am - 11:45am		10:45am - 11:45am		
Private Yoga sessions available. Please contact instructor ~ Carol Wade R.Y.T @ 303-594-6117						
§*∞ HIIT-High Intensity Interval Training -(Sam)(F)		5:00pm-6:00pm		5:00pm-6:00pm	5:00pm-6:00pm	
§ PiYo- (Sam)(F)	6:00pm-7:00pm		6:00pm-7:00pm			
Aerobic Water exercise-(Dona) 8 wk.	5:15pm-6:15pm		5:15pm-6:15pm			
Mommy or Daddy and Me-**Melissa**	2:00pm-3:00pm		2:00pm-3:00pm			
Swim for Fitness-**Melissa**	6:30pm-7:30pm		6:30pm-7:30pm		6:30pm-7:30pm	
Full Gym Closures AM	**7:30-12:00pm**	**7:30-12:00pm**	**7:30-12:00pm**	**7:30-12:00pm**	**7:30-10:30am**	**7:30am-12pm**
Gym Closures PM	**4:00pm-7:00pm**		**4:00pm-7:00pm**	**6-7pm half gym**		
Jazzercise® AM - (Pay Instructor Directly)	8:30am-9:30am		8:30am-9:30am		8:30am-9:30am	
Jazzercise® PM– (Pay Instructor Directly)	7:00pm-8:00pm		7:00pm-8:00pm			
§*∞ Endless Pool (Reservation Required)	6:00am-7:30pm	6:00am-7:30pm	6:00am-7:30pm	6:00am-7:30pm	6am-6:30pm	7am-5pm
§*∞ Lap Swim (early morning begins Jan 18th)	6am - 7am 8:15am - 10:15am	6am - 7am 8:15am - 10:15am	6am - 7am 8:15am - 10:15am	6am - 7am 8:15am - 10:15am		

WEBSITE: WWW.BENNETTREC.ORG
Like us on Facebook!

1 FREE personal training consult is offered with every New or Renewed Adult Membership

Location: 455 S. First Street, Bennett, Colorado 80102 Phone:303-644-5040